

## Grade 7 Health Websites – Ms Rimpas

### **Tobacco Only:**

<http://www.cdc.gov/HealthyYouth/tobacco/facts.htm>

National Center for Chronic Disease Prevention and Health Promotion

<http://www.cdc.gov/tobacco/>

Great information on tobacco, secondhand smoke, smokeless tobacco

[http://www.drugfree.org/Portal/drug\\_guide/Tobacco](http://www.drugfree.org/Portal/drug_guide/Tobacco)

The Partnership for a Drug-Free America

<http://www.umn.edu/periodic/tobacco/smokeless.html>

University of Minnesota, Smokeless Tobacco Information

<http://www.the84.org>

Massachusetts Anti-Smoking group

<http://www.cancer.org> American Cancer Society, Click under Find it Out, Guide to Quitting, then click on Tobacco and Cancer

<http://www.smoking.drugabuse.gov>

<http://www.tobaccofreekids.org>

### **Alcohol Only:**

<http://www.cdc.gov/alcohol/index.htm>

National Center for Chronic Disease Prevention and Health Promotion, Alcohol and Public Health

<http://www.niaaa.nih.gov>

National Institute on Alcohol Abuse and Alcoholism

<http://www.alcoholfreechildren.org> Click on information, Youth, good information

<http://thecoolspot.gov>

Getting facts about underage drinking

<http://www.toosmartostart.samhsa.gov>

Effects of alcohol on the body

<http://www.nacoa.org> National Association for Children of Alcoholics

Click on Just for Kids

### **All Drugs:**

<http://www.rileychildrenshospital.com>

Click on Kids & Teens, then under Teen Education, click on alcohol and other drugs (OTC)

<http://ncadi.samhsa.gov>

U.S. Dept of Health and Human Services and SAMHSA's National Clearinghouse for Alcohol & Drug Information, type in Tips for Teens in the search bar, click on site vs. publications

<http://www.cyh.com>

Children, Youth and Women's Health Service, click on Teen Health, then click on Drugs and Alcohol

<http://www2.potsdam.edu/hanson/dj/AlcoholFactsAndFiction.html>

State University of New York at Potsdam, alcohol facts, drinking and driving, Drugged Driving (marijuana), underage drinking

<http://www.intheknowzone.com/>

click the drug name under Substance Abuse topics

<http://www.mediacampaign.org> National Youth Anti-Drug Media Campaign- great ads in the ad gallery. Scroll down on left and click on fact sheets, mostly info on inhalants, marijuana and methamphetamine

<http://www.whitehousedrugpolicy.gov/>  
Office of National Drug Control Policy

<http://www.drugfree.org> The Partnership for a Drug-Free America, click on left side, drugs by name

<http://www.drugfreeinfo.org> Iowa Substance Abuse Information Center, information for youth, this site provides many good links to other youth websites.

<http://www.Freevibe.com> select information on drug facts, also, click on Step-Up if you are interested on how to help a friend with a drug problem (OTC)

<http://www.teens.drugabuse.gov> NIDA for Teens: The Science Behind Drug Abuse, click on students and young adults, choose the drug you are interested in

<http://www.ncadd.org> National Council on Alcoholism and Drug Dependence, click on facts, scroll down to Youth, Alcohol and Other Drugs

<http://www.kidshealth.org> click on teens site under categories, click on drugs and alcohol

<http://www.girlpower.gov>  
Information for girls ages 9-13, type in alcohol, marijuana or tobacco

<http://www.theantidrug.com>  
Click on drug information and then the specific drug (OTC)

<http://www.acde.org/> American council for Drug Education, click on new fact sheets for specific drug, if interested in inhalants, click on "Who's Huffing Now?"

<http://www.nida.nih.gov> National Institute on Drug Abuse, click on the specific drug you are interested in, on the right side under Drugs of Abuse.

<http://www.abovetheinfluence.com> Above The Influence, click on the drug you are interested in researching. If you don't see the drug listed then click on *more drugs*.

<http://teens.drugabuse.com> Click on Facts on Drugs (upper left corner) and then choose the drug you are interested in researching.

<http://checkyourself.org> This website offers information on alcohol, marijuana, cocaine and heroin, you'll find information on what the drug is and slang terms.

<http://www.teenhelp.com> This website includes a lot of information, especially on Over the counter drugs (OTC).

<http://www.tpoftampa.com> Turning Point, Tampa FL, recovery center, a lot on OTC

<http://www.usdoj.gov/dea/concern/cocaine.html> US Department of Justice, good information on cocaine.

**Inhalants Only:**

<http://www.inhalant.org>